

## Please read and keep this!

## Your physical therapy prescription

If you plan on billing your insurance company, there are several things you need to know and do:

- 1. You are responsible for obtaining a prescription from your physician, dated to include our appointment. A physician's <u>prescription</u>, not referral, is required to determine "medical necessity," a criterion for insurance reimbursement. If you do not have a physician's prescription for physical therapy, we will bill you as a cash paying (out of pocket) account.
- 2. Prescriptions are time sensitive, and they need to be updated regularly. You need to notify your physician to renew the prescription so that there is no lapse in the billing payments. A lapse in prescription coverage could cost you money! The front desk is happy to inform you of the expiration date of your prescription.
- 3. A valid prescription includes all of the following:
  - a. Diagnosis
  - b. Frequency (i.e. 2x a week)
  - c. Duration (i.e. 4 weeks)
  - d. Physician's signature
- 4. If CCPT reminds you to renew your prescription, it is <u>your</u> responsibility to contact your physician to verify that she/he believes that continued physical therapy sessions will benefit you. Your physician may request for you to see him/her, or may offer to fax a prescription to CCPT.

## THE FRONT DESK IS HAPPY TO ANSWER ANY QUESTIONS. THANK YOU!

**Prescription expiration date:	